

Health and Social Care (HSC) Transition Material 2024

The tasks on this worksheet have been designed to help you in your transition from your Year 11 study to the requirements that will be expected of you in Year 12. It is important that you complete these tasks as they will help you to make an excellent start to the course and to get the most of your studies.

Type up your answers and bring them with you to the start of the course.

Task one:

What does the phrase “Health and Social Care” mean?

Write a list of all the job roles you can think of related to health, social care and early years settings.

Task two:

Write down your own definition of **discrimination**.

Can you give 2/3 additional examples of how the following settings could ensure that they are accessible to everyone?

- 1) GP surgery – e.g. By providing a ramp for wheelchair access
- 2) Nursery – e.g. By supporting a child with a disability

Task three:

Describe the difference between verbal and non-verbal communication. Give examples of each.

Task four:

List some disorders that may affect the following body systems:

- Cardiovascular system
- Digestive system
- Respiratory system

Task five:

Do some research on current government guidelines on healthy eating e.g. the Eatwell guide, 5-a-day etc. Type up your findings on at least three initiatives designed to make the UK eat more healthily.

Task six:

Research at least three of the following STIs. Include information on symptoms, effects on the body and possible treatments.

- Chlamydia
- Bacterial vaginosis
- Genital herpes
- Gonorrhoea
- Hepatitis
- Pubic lice
- Syphilis