



**LONGSANDS
ACADEMY**

Astrea Academy Trust

INSPIRING BEYOND MEASURE

LONGSANDS *STUDENT BULLETIN*

16 November 2020



**ST NEOTS
SIXTH FORM**

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Sanitising our hands is now part of daily life. **Please ensure that you are sanitising your hands upon entering and exiting any classroom.** Please also use the hand sanitiser stations and dispensers located around the Academy buildings to ensure that you are keeping yourself and others safe from Covid-19.

All students are required to wear a face covering when they enter a building, change classrooms, queue for lunch and any inside communal areas. Students will not be expected to wear a face covering during lessons, whilst eating and drinking at break/lunch time and when outside.

HOUSE POINTS

CONGRATULATIONS TO THIS WEEK'S
WINNING HOUSE, **SEACOLE**, WITH
534 HOUSE POINTS IN THE LAST WEEK!



The race to the top has begun! You can see the running total pictured above. Which House will be victorious in this inaugural year of our new House System?

Remember, every House Point counts!

ANTI-BULLYING RAP COMPETITION



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Attention all aspiring rappers! Since it's anti-bullying week, we need you to create a rap or poem on the theme of **Anti-Bullying!**

An example rap by the House Captains

Bullying is bad
Makes me mad
Think you're a lad
That's just sad.

Teasing others
That's just butters,
Bullying online
That's a crime
Hitting a mate
Makes me irate.

Take a stand
Lend a hand
All you gotta do is
understand

Verbal, physical
That's just cynical
Think before you speak
Shut the beak
Being kind ain't that hard
Leaving others bare scarred
The rules ain't hard
Disregards.



You have until
Monday 23rd of
November to
submit your rad
entries...



Email your entry to your House captain!

Austen: 9993@astrea-longsands.org

Darwin: 9951@astrea-longsands.org

Turing: 10132@astrea-longsands.org

Hawking: 10054@astrea-longsands.org

Seacole: 10073@astrea-longsands.org



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The Great Christmas Bake Off!

Wow the judges with your creativity and make an edible Christmas creation



The product can be sweet or savoury and must be made by you. There will be a winner for each house (prize of 5 House points) and the overall winner shall be rewarded with a chocolatey treat.

Please email your entries, stating your house and a description of how you made your product to:

polly.redmond@astrea-Longsands.org

**Entry deadline is Monday 14
December 2020**



ATTENDANCE BY HOUSE

	Austen	Darwin	Hawking	Seacole	Turing
Total (excl Sixth Form)	95.96%	95.63%	95.18%	95.73%	95.56%
Total (whole school)	95.15%	95.28%	94.67%	95.60%	95.26%
Year 7	97.50%	95.25%	95.24%	96.10%	94.75%
Year 8	94.21%	97.86%	95.70%	97.86%	93.75%
Year 9	94.69%	96.22%	93.22%	96.21%	96.00%
Year 10	95.80%	93.93%	96.78%	92.35%	95.42%
Year 11	97.41%	94.98%	95.02%	95.79%	98.04%
Year 12	90.64%	93.00%	95.62%	93.87%	91.80%
Year 13	89.87%	90.72%	87.32%	96.49%	93.36%

In the future...

Could you be an Ethical Hacker? Or a Chief Security Officer protecting against Cyber-attacks?

Cyber-First is part of the National Cyber Security Centre (NCSC) and has put together an exciting array of industry and government pre-recorded and live cyber content which will feature in our **FREE** Empower Cyber Week, from the **30th Nov – 4th Dec 2020**.

Cyber first is aimed at Years 8 and 9 to learn about **cyber security** and the online event provides students with an exciting opportunity to learn about cyber, with each day featuring a different cyber related theme **delivered through on demand video's and live sessions up to 5pm**.

The empower week is designed so you can dip in and out to suit you. Content is released on a daily basis, **but all pre-recorded content will stay up on the NCSC website for a few weeks following the event**.

If you would like to get involved in cyber first visit the link below and sign up for free...

<https://www.ncsc.gov.uk/empower-cyber-week/overview>





You might be interested to join National Astronomy Week by attending some of the online talks. There are two talks a day and if you can't watch live you can catch up on YouTube. There are details of the talks and how to join here:

<https://astronomyweek.org.uk/naw-events-schedule>

The morning ones are aimed at younger students (up to age 14), with the evening ones for older students (14+).

They are all around the theme of Mars (have you been watching Mars in the night sky this Autumn? It's really bright at the moment as the Earth and Mars are particularly close in their orbits right now). On Friday, 20 November from 6-8 pm there is a talk about careers in space/astronomy that promises to be very interesting.

If one of the talks sparks your interest you could then find out more information on the topic online and explore it further.

If asked, would you be able to define ‘Personal Development’?

The Academy is working hard to improve the provision of personal development and is continually reviewing provision to ensure that we support the wider development of all our students. With this in mind, we want to share with you a short vision statement about our PD provision this academic year.

We aim to create a PD curriculum which addresses learners’ broader development, enabling them to develop and discover their interests and talents. We aim to prepare students for life in modern Britain; to encourage them to be responsible, respectful, active citizens who contribute positively to society and to appreciate diversity and respect people different from themselves. You can view the full curriculum map here <https://www.astrea-longsands.org/personal-development/>

A detailed and externally validated careers programme which ensures that learners are prepared for success in the next step of their education journey - please view our career pages here <https://www.astrea-longsands.org/careers-information/>



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Taking action

Pressure groups and democracy

At elections the people decide which **representatives** they want to make decisions on their behalf. Elections can be as much as four or five years apart so people must have other ways of **influencing their representatives**.

One way is through **pressure groups**. Pressure groups are organisations of people with similar opinions. Pressure groups do not want power for themselves instead they want to influence those in power. They **also encourage responsible participation** in the democratic process.





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The way a pressure group works

Pressure groups use a number of different legal methods to put their views across:

1. Posting leaflets through doors or canvassing door to door.
2. Taking part in demonstrations, marches or attending rallies.
3. Organising petitions.
4. Lobbying (speaking directly to) MPs or councillors.
5. Writing letters to politicians or to newspapers.
6. Giving interviews which are reported in the media (radio, TV and newspapers) or taking part in publicity stunts to gain media attention.

Different Types

Outsider pressure groups are those whose aims do not have the support of the government. They tend to adopt media-based, high profile campaigns to capture public attention.

For example, **during Lockdown** pressure groups such as **Black Lives Matter** have organised protests to make people aware of their cause for police officers to be prosecuted for killings they are involved in; supporting the fight to integrate Black history into the national curriculum and the banning of draconian stop and search powers.

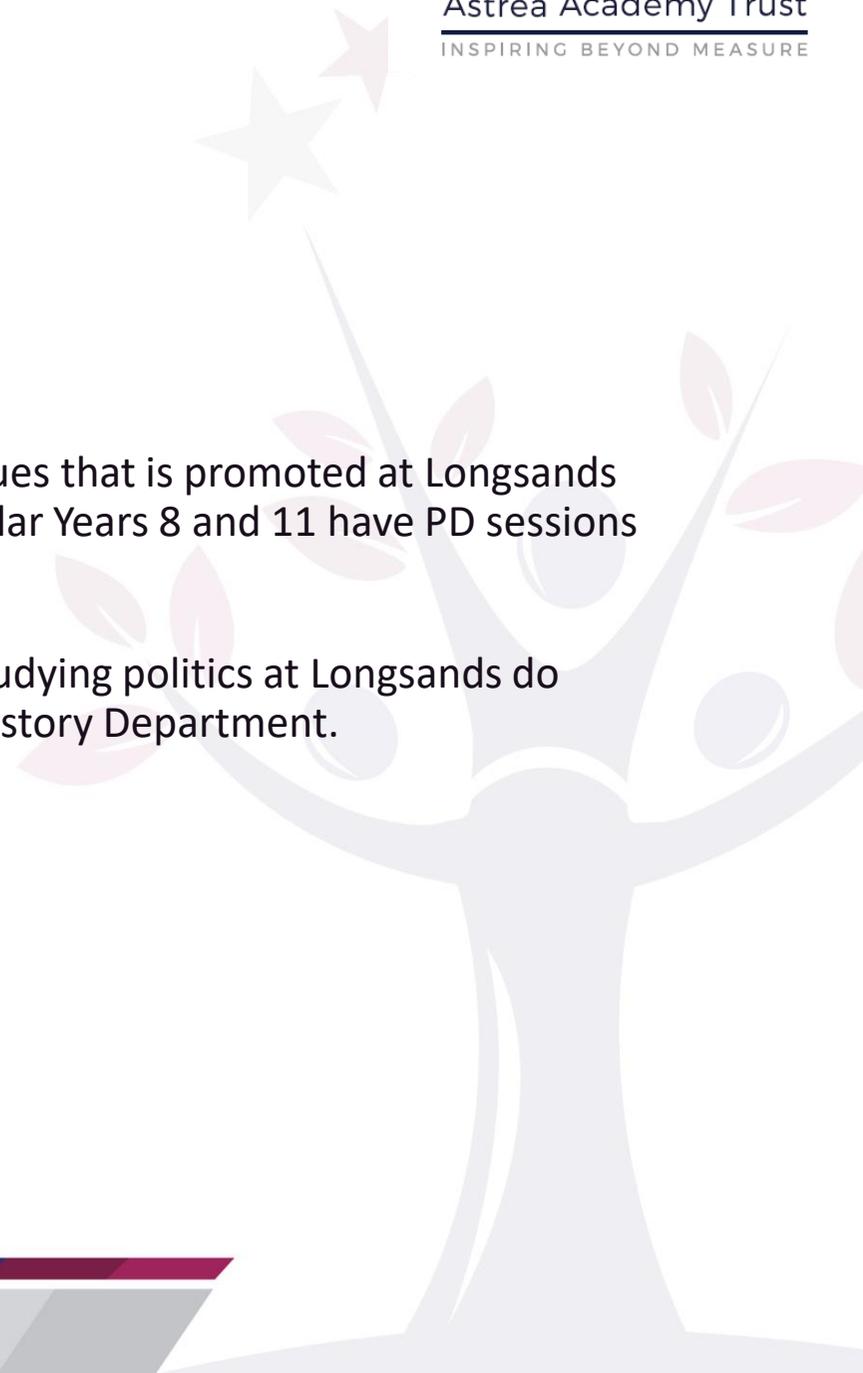
By contrast, insider pressure groups have the support and attention of government and officials who will often approach them for advice as well as having regular discussions. **The British Medical Association** is one example that looks to protect the interests of doctors and public health. Their largest and most documented campaign was to ban smoking in cars carrying children. In 2007, there was a ban on smoking in public spaces, and the BMA saw cars as the next stage.



Democracy in the Curriculum

Democracy is one of the Fundamental British Values that is promoted at Longsands Academy within the school curriculum. In particular Years 8 and 11 have PD sessions devoted to it.

If you are interested in finding out more about studying politics at Longsands do speak to a member of the Longsands Academy History Department.



SURVEY on DODDLE

We are working towards achieving a school improvement award and we look forward to receiving your views and feedback!

Please look out for a survey that has been set for you on Doodle by Mr Powell – it should only take you a few minutes to complete.

Thank you!





Well done to all of you who have been using GCSE Pod. This week's 'Top Podders' are:

Year 10 top users (top forms CLA, RSC, BPP)

Isabella F, Amelia F, Jack L

Year 11 top users (top forms AFI, HJJ, RMO)

Milly L, Olivia H, Joshua A

Pod Usage by House – Congratulations **Turing House!**

Austen: 282

Darwin: 179

Hawking: 281

Seacole: 284

Turing: 427

If you have any issues with your GCSEPod login, please follow this link

<https://members.gcsepod.com/login>



TIMES TABLES ROCKSTARS

Well done to all of these students who have collected the most coins in the last week!

YEAR 7

Jonah B **47,851**
Austin W **22,600**
Steven S **21,754**
Aleksander S **12,851**
Jaiden Harvey 7 **11,508**

YEAR 8

Nika B **51,230**
Jack E **10,720**
Reggie H **9,789**
Elise B **9,690**
Callum B **9,345**



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SIXTH FORM COUNCIL

Dr Cullen is very pleased to announce the appointment of the Year 12 student reps to the Sixth Form Council.

The successful applicants are:

12AJH: Rowan Bell
12CLS: Iris Fearing
12CB: Amit Solanki
12MDP: Bayley Gilbert
12SWB: Sophie Cotogno
12MPS: Kelsey Hasnip
12KAS: Benjamin Williams
12LM: Jaimee Bedford

We look forward to working with the reps on Sixth Form matters and charity events.



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LONGSANDS TALKS

Following on from the success of our first 'Longsands Talk' by Dr Modi, a local GP and researcher at Cambridge University who spoke to students in Years 11-13 about medical screening generally, the benefits and drawbacks, as well as his research specifically, we are delighted to confirm details of the next talk.

Our next 'Longsands Talk' will be on Thursday the 19 November at 5pm and will be delivered by Prof. Charles Spence of the University of Oxford.

Prof. Spence is an experimental psychologist and he will discuss much of his research, which focuses on how our senses affect how we taste and experience food and drink. He also teaches Experimental Psychology to undergraduates at Somerville College, Oxford.

If you would like further information or if your child would like to book to view the talk, please contact Mr Highfield via samuel.highfield@astrea-longsands.org





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The Sixth Form are collecting donations for the St Neots Food Bank (part of the Trussell Trust) throughout the rest of November.

This year many more families find themselves in a difficult financial position and with Christmas arriving soon we would like to do our bit to help the local community enjoy the holidays. Below is a list of the items that St Neots Food Bank are collecting in the run up to Christmas.

Each Sixth Form tutor group will be collecting at least one of each item and we will be asking student to volunteer to donate an item from the list. This is always a successful charity event for the Sixth Form, and we would like to thank all of the students and parents in advance for the items donated. We will be weighing the donations from each tutor group and we will be awarding House points to each House in a similar proportion. Photos of our progress will be shared throughout the event. Students can also win house points for the best decorated box. Please direct any questions to Dr Cullen, Head of Year 12, (douglas.cullen@astrea-longsands.org).

List of items: *(please could the items all have a use by date that is beyond Christmas 2020):*

Tinned ham, tinned salmon, long life fruit juice, jam, Christmas cakes, Christmas puddings, biscuits, custard, chocolates, selection boxes, hot chocolate, tube crisps, pickles, crackers, mince pies, shower gel, and liquid hand soap.



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Year 11 Subject Clinic and Support Sessions Timetable

	Lunchtime	After School
Monday	Child Development: Mrs Bartrick in D3.2 German: 1.15-1.35, by invitation in G6 begins 21/09/2020 Product Design: C3	Child Development: Mrs Bartrick in D32 English: Clinic in N1.1 all welcome History: Clinic in H3.1 Product Design: C3
Tuesday		
Wednesday		Business Support: F2.2 Child Development: Ms Jackson in D12 Computer Science: B10 Geography: N2.4 Geology: N1.2 Maths: F1 and F2 PE: GCSE Clinic in G17
Thursday	Construction: C2 French: 1.15-1.35, by invitation only in G6 begins 21/09/2020	Biology: G10 & G6 BTEC Sport: F3.1 Chemistry: G13 & J2 Music: K4 Physics: G7 & G17
Friday		Music: K4
All Week	Child Development: Support sessions by arrangement any lunchtime with Mrs Bartrick in D3.2 Food: Every lunchtime in D2.2 Media: Support sessions available everyday by prior arrangement	

CHRISTMAS CARD COMPETITION 2020

- Open to students from all Key Stages
- You may submit your design using any techniques, including photography
- A5 size (half A4 page)



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Examples of previous winning and shortlisted entries



Colour pencil



Acrylic paint



Oil pastel



Digital drawing

- Win house points for participating
- Win house points and a prize for being shortlisted
- Win house points and a prize for 1st place as well as having your card shared with all of our stakeholders

Submit your design to Miss Saklani in E1 or email by **Wednesday 25th November 2020**

Name, Tutor group and House in pencil on the back please

LUNCH MENUS



LUNCH MENUS



WEEK ONE MENU

MONDAY	Pasta Bolognaise Vegetable Paella Pepperoni pizza baguette
TUESDAY	Chicken curry with rice Vegetable curry with Rice Chicken fajita
WEDNESDAY	Roast of the Day Vegetable Chow Mein Cheese panini
THURSDAY	Bangers and mash Macaroni cheese Chicken tikka wrap
FRIDAY	Fish and chips Vegetable burger and chips Beef burger

AVAILABLE DAILY:

Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps Fresh Salads, Fresh Fruit Salad, Hot & Cold Drinks



WEEK TWO MENU

MONDAY	Meatballs and pasta Vegetable chilli con carne Margarita pizza baguette
TUESDAY	Beef chilli and rice Pasta in tomato sauce Chicken burger
WEDNESDAY	Roast of the Day Thai vegetable curry and rice Ham panini
THURSDAY	Sweet and sour chicken Veggie dog and wedges Beef burrito
FRIDAY	Fish and chips Vegetable curry and rice Popcorn chicken wrap

AVAILABLE DAILY:

Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps Fresh Salads, Fresh Fruit Salad, Hot & Cold Drinks

DODDLE

Please remember to check Doddle daily to ensure that you are fully up to date with all of the homework for your subjects.

Thank you to those of you who have completed the summer and transition work, please ensure you bring this to your first lessons with the relevant subject teacher.

**To log in to Doddle you will need your admission number and password.
For example:**

Login: 012345

Password: longsands

If you have any issues with your Doddle login, please follow this link
<https://www.doddlelearn.co.uk/app/login>

TIMINGS OF THE SCHOOL DAY

8:45 - 9:45	Lesson 1 (including AM registration)
9:45 - 10:45	Lesson 2
10:45 - 11:10	Supervised break (in zones)
11:10 - 12:10	Lesson 3
12:10 - 13:10	Lesson 4 (Year 7 - 12:10 - 12:55)
13:10 - 14:10	Lunch and form time (split per year group as noted below)
13:10 - 13:30	Tutor time and 13:30 – 14:10 Lunch for Years 9, 11, 12 and 13
13:10 - 13:50	Lunch (12:55 – 13:50 Year 7) and 13:50 – 14:10 Tutor time for Years 7, 8, and 10
14:10 - 15:10	Lesson 5

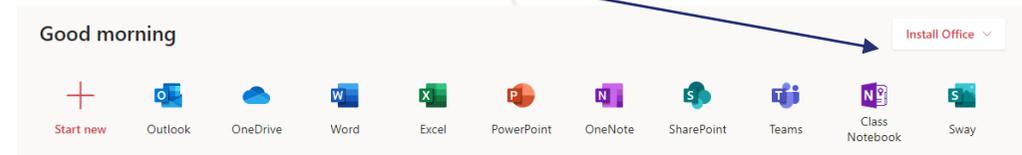
OFFICE 365

As a Longsands Academy student you are entitled to **FREE Office 365** – see opposite for details!

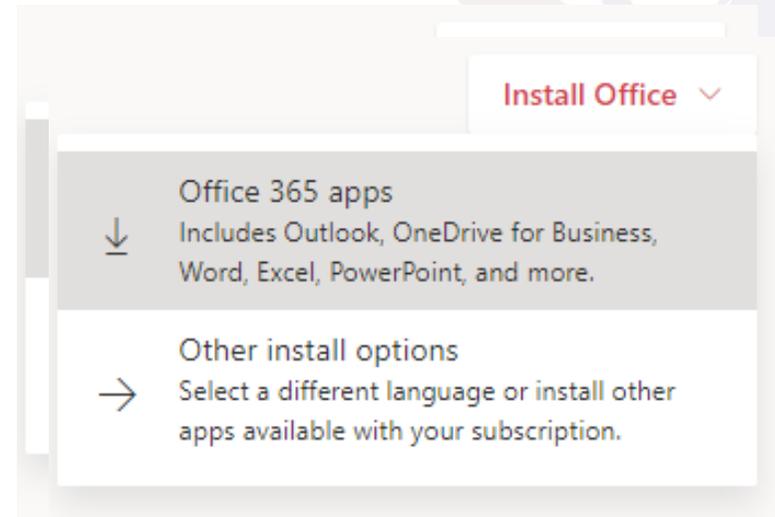
Forgot your email password?
Please ask your form tutor, class teacher or a member of student services.

Here is some guidance on [email etiquette](#).

Log into office 365 by going to: www.office.com
Log in with your Academy email address (i.e. 7042@astrea-longsands.org)



Finally, when the box is expanded, select 'Office 365 Apps'



Y... good to go!

ONE WAY SYSTEM

SITE MAP WITH ONE WAY SYSTEM

