



LONGSANDS ACADEMY WEEKLY BULLETIN



Monday, 9 March 2020

(Week B)

This is a weekly bulletin which I would encourage parents and carers to read, informing you of all important upcoming dates and events and to help you stay informed in the life of the Longsands. If there is any feedback on this publication, please do contact me via Mrs Todd, the Principal's PA (principalspa@astrea-longsands.org).



PRINCIPAL'S WEEKLY PRIZE

I met with a group of Year 8 students for a Principal's Breakfast on Wednesday.

These students were congratulated for their excellent class learning grades from the recent Progress Review.

Well done!



SCIENCE WEEK The science department will be celebrating British Science Week from 9th – 13th of March.

The department are running lunchtime sessions throughout the week with activities including dissection, methane rocket, super capacitor, marine biology and glow stick colour mixing.

Students and staff are being encouraged to join in the fun and learning.



UNIVERSITY INTERVIEWS FOR OUR ACKWRIGHT STUDENTS

Congratulations to Rowan and Daniella Y11 for getting interviews at Loughborough and Cambridge Universities for Arkwright Engineering Scholarships.

Thank you to our Y12/Y13 Arkwright Scholars who came to help them prepare by sharing presentation boards and questions from their own interviews.



LONGSANDS CELEBRATES WORLD BOOK DAY

On World Book Day Longsands Academy had a variety of activities going on. We issued all students a book token to redeem in their local book shop.

Our Senior Prefect Team ran a stall at lunch time giving away a selection of free books to our KS3 students and the LRC ran a competition to 'Design a Book Cover'.

We have had some excellent entries and the winner will be selected shortly. We also caught some students and staff throughout the day having a quiet read.





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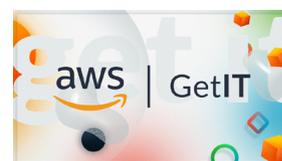
(Week B)

FAIRTRADE FORTNIGHT The Prefect 'Outreach Committee' promoted Fairtrade Fortnight throughout last week by selling Fairtrade chocolate to students during lunch time.

I met with them at the end of the week to congratulate them on their efforts which included the promotion of Fairtrade Fortnight to the wider student body during assemblies. They have raised £111.67 which will be donated to Oxfam.



YEAR 8 AMAZON COMPETITION Mrs Lassey has been working incredibly hard with some outstanding Year 8 students who took up the challenge to enter a competition hosted by Amazon called AWS Get IT. They have been working in teams to come up with innovative ideas for apps that help the community in some way.



Three groups of students have worked on this project since November, they have had to create a portfolio of information as well as an accompanying presentation to gain entry to the next stage. While all three teams have worked incredibly hard, sadly, we can only put forward two groups. Our Amazon mentor Jagpreet has visited us to give advice and judgement and now all documentation is complete we have made our final decision.

We are delighted to congratulate **Team Quest** (Mia, Tara, Suchit and Daniel) for making it through with their app idea to support people with eating disorders and **Team TSC** (The Signo Creators) (Amelia, Willow, Alex, Jeremiah and Giamaria) for making it through with their app idea to teach people sign language.

We are also extremely proud of the runners up **Team J.T.R.M.E** (Rian, Theo, Jasmine and Erin) for their excellent idea for an app that would support people with Mental Health disorders. Once submitted, all entries will be judged and 10 teams will be invited to pitch their ideas in front of a wider audience at the AWS Summit later this year, with the winners having their app developed by Amazon.



ACADEMY UNIFORM We will be sending out a letter before the Easter holiday to remind parents/carers and students of uniform expectations as we know the holidays are a perfect opportunity to purchase new items for school. In the meantime, a quick reminder of some of our basic expectations:

- that blazers should be worn at all times when students are walking around the school site;
- coats should not be worn in the school building;
- hoodies do not count as a coat and therefore should not be brought to school;
- ties should be worn at all times
- socks should be plain black
- practical shoes suitable for an office environment must be worn

We would like to thank parents and carers for their support of the uniform policy, the majority of our students look incredibly smart.



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PERSONAL DEVELOPMENT: MENTAL HEALTH AWARENESS Several of the lessons in PD:LLW focus on Mental Health. The charity MIND is a good place to go to for further information and support – they have a designated section of their website for children and young people. They also focus on the needs of the parent/carer and offer support and advice. This is from their website:

'Being a parent of a young person who seems to be struggling can be really worrying, and you might be feeling overwhelmed or unsure what you should do. But you're not alone, and there are places both you and your child can turn to for help.

We're still developing our information for parents, but you'll find ideas of help that's available in our Useful contacts section.

You can also look at our information for children and young people, which could help you talk to your child about how they can understand their feelings, find support or visit their doctor.

Supporting someone else can be tough and stressful. It's important to look after yourself too.

Our information on supporting someone else and helping someone else seek help will give you ideas of how to look after yourself.

If you have a mental health problem, our guide to parenting with a mental health problem will give you some ideas of how to look after yourself and find support if you and your family need it.'



PERSONAL DEVELOPMENT Students in Years 9 and 10 attended a workshop with Steve from 2020 Dreams. He told a story of the effect that drugs can have on the life of a young person and how one poor choice can lead to life taking a very different path. The students had an opportunity to ask questions afterwards and were really positive about their experience. www.2020dreams.org.uk/

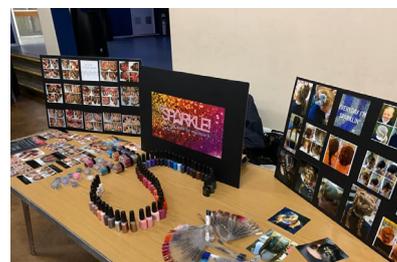


PROM FAYRE The Prom Fayre on 5 March was a great event, and lots of Year 11 students attended to hear more about the services on offer for Prom. Miss Saunders and Ms Rose were particularly grateful to Ryan 11MDP, Nick 9BPP and Liam 7JAB, for their help with the sound and lighting.

They would also like to thank local businesses for showcasing their services, and for the raffle prizes they donated:

- Tracey Jane of Biggleswade
- Amy Louise Make-up and Brows
- Antonia Croft Make-up Artist
- Sammie B Nails and hair styling.

Sales of Prom tickets have now closed. We are looking forward to a brilliant Prom on 1st July!





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SEN COFFEE MORNING Join us on Tuesday 11 March for a SEN Coffee Morning in collaboration with Sylvia Nicklin from SENDIASS and PinPoint from 10:00 - 11:30 am.





INTER FORM

Tuesday 10th March Yr7 & Yr9
Lessons 2, 3 & 4

Boys: Football (9-a-side) Year 7 Girls: Hockey (8-a-side) Year 9 Girls: Netball
Changing Rooms

Students	Changing facility
Year 7 boys	New Sports Pavilion
Year 7 girls	PA Changing
Year 9 boys	New Gym
Year 9 girls	Sports Hall Changing



Get involved, have fun, respect other players and the referees and do your tutor group proud!



Wednesday 11th March Yr8 & Yr10
Lessons 3, 4 & 5

Boys: Football (9-a-side) Year 10 Girls: Hockey (8-a-side) Year 8 Girls: Netball
Changing Rooms

Students	Changing facility
Year 8 boys	New Sports Pavilion
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HISTORY SOCIETY Revised dates for some History Society 'upcoming events' H3.4 at 1.30 pm:

10 March - 'Suffragette Coins' C3 with Mr Milne

17 March - 'Winston Churchill: A Study in Failure' with Mr Owen

31 March - 'Feast & Fasting: How has food shaped our world?' with Mr Milne

21 April - 'A Visit to Auschwitz' with Mr Taylor

19 May - 'Harriet Tubman: The Underground Railroad and Fight for Freedom' with Ms Zoylinos

ATTENDANCE MATTERS Attendance has been shown to be one of the most important factors in a child's ability to succeed at school. Our target at Longsands is to achieve an overall attendance figure of at least 96%. This will allow all students to reach their full potential.

If your child is unable to attend school you should inform us by 9.00am using the Astrea App or by emailing absence@astrea-longsands.org.

Parental support is always greatly appreciated with regards to attendance and makes a real difference to all students' progress.

Last week, the school's attendance rate was 95.2%. Congratulations to the 5 forms with the highest attendance at Longsands last week, who were:

1. 7CSO 2. 7JAB 3. 7RLT 4. 7NJD 5. 9KMA



BEHAVIOUR and ACHIEVEMENT POINTS In the week before half-term we issued **204** C2s, and **31** C3s. There were **8** mobile phones confiscated as they were seen and/or heard on the school site.

I am delighted to report that we issued **1236 achievement points**, commending students for their academic excellence (relative to their ability) and their attitude to learning.

We thank all students for their role in ensuring all lessons are free from disruption and for following all school rules with regards to mobile phones and homework completion.

DATES TO REMEMBER THIS WEEK

Day	Event
All Week	<ul style="list-style-type: none"> Year 11 Mock Exams British Science Week
Monday	<ul style="list-style-type: none"> National Apprenticeship Show in Milton Keynes (Sixth Form students)
Tuesday	<ul style="list-style-type: none"> Year 7 and 9 inter-form
Wednesday	<ul style="list-style-type: none"> Year 8 and 10 inter-form Year 12 future pathways evening (18:30)
Thursday	<ul style="list-style-type: none"> Year 7-11 boys footballs vs St Ivo Cologne trip information evening (18:00)



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WEEKLY LUNCH MENU

Can also be accessed via our website (please note the menus alternate on a 3 week rotation, please see the dates at the top of each menu).

Lunch Menu					
This Menu is available on the following weeks, date commencing: 6 th January, 27 th January, 17 th February, 3 rd March, 30 th April					
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Classic Beef Bolognaise, served with Spaghetti And garlic bread	 Marinated Chicken pieces Or Spicy Bean Burger	Chefs Roast Of The Day Pork or Turkey Served with stuffing & crispy roast potatoes	 Madras Curried Chicken Thighs Or Cauliflower & Spinach Curry	Catch of the Day served with lemon wedge & tartare sauce
Vegetarian Main Meal	Leek & Mushroom Lasagne served with garlic bread	Served with side dishes including wedges rice & Onion Rings	 Macaroni Cheese topped with herby croutons & salad	Served with rice naan bread & a selection of side dishes	Vegan Sweet Chilli Vegetable Stir Fry Served with Noodles
On the Side	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
Soup Station	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
Pizza, Pasta & Jacket Bar	Pasta, & Jacket Potato add your choice of hot topping from our freshly prepared selection,  Daily Pizza Selection we will offer both meat and vegetarian choices every day				
Family Favourites	American style pancakes with toppers	Chocolate sponge & chocolate sauce	Rhubarb & orange crumble with custard	Cherry Sponge with Vanilla Sauce	Apple & Cinnamon turnover
A daily selection of fresh Grab & Go items are also available. Some dishes may vary and are subject to availability.					
 reading the imagination					

COMMUNICATION WITH THE SCHOOL

In addition to this weekly bulletin, there are a variety of ways in which we will contact you, including by telephone, by letter, via the Astrea App, via Doddle, in writing, in newsletters, on social media and via our website.

There are several ways in which you can contact us, these include:



email to enquiries@astrea-longsands.org



call Reception for all general enquiries on 01480 353535
or to report a student absence, please call 01480 223343 or text 07860 095966



the Astrea App (which you can download for free from your app store)



writing to Longsands Academy, Longsands Road, St Neots PE19 1LQ



the 'contact us' page of our school website www.astrea-longsands.org

We will aim to respond to any enquiry within 2-3 working days.

