



LONGSANDS ACADEMY

WEEKLY BULLETIN



Monday, 2 March 2020

(Week A)

This is a weekly bulletin which I would encourage parents and carers to read, informing you of all important upcoming dates and events and to help you stay informed in the life of the Longsands. If there is any feedback on this publication, please do contact me via Mrs Todd, the Principal's PA (principalspa@astrea-longsands.org).



PRINCIPAL'S WEEKLY PRIZE

Mrs West was keen to nominate three Year 9 students to receive this week's Principal's Award. The reasons for nominations were varied and all very well deserved:

- Grace was chosen for her hard work and determination to succeed, always striving to achieve her best both in class and at home.
- Aedan for his hard work and quiet determination.
- Sean for his hard work and contributions to questioning in class.

I am incredibly impressed by the manner in which students present to the award meetings and how they put themselves across and are able to articulate themselves when discussing their learning and experiences at school. Really well done.

YEAR 10 PR2 BREAKFAST I enjoyed hosting a breakfast with 6 Year 10 pupils who had excelled in terms of progress and attitude the recent Progress Review.

I was really impressed by the diligence shown by the students who are working hard in the first year of their GCSE courses and is certain that continued attitudes will serve them well as they move through Year 10 and Year 11.



ASTREA SIXTH FORM ST NEOTS TRIP TO SEE KING LEAR On Friday 28 February, Mr R Owen and Miss Fox took a group of Year 12 and Year 13 English Literature A-Level students to a lecture conference on Shakespeare's King Lear.

The conference took place at the London Irish Centre. Students were given a series of lectures on this key curriculum text by Dr Paul Prescott from the University of Warwick and Dr Sophie Duncan from Christ Church, Oxford. Both leading Shakespeare scholars, the professors delivered insightful and illuminating talks on topics such as women in King Lear, close analysis of the opening and closing scenes and the performance history of the play.

Our students made excellent notes and really got the most out of the experts by posing thoughtful, interesting questions during the Q & A sessions. It was a delight to see their intellectual interest and curiosity sparked.

YEAR 9 PARENT CONSULTATIONS AND PREFERENCES Last week we held our Year 9 Parent Consultations. We are grateful for the 81.9% of parents/carers who attended. Parents/carers are reminded that the deadline for the year 9 Preference forms is Friday (6th March). Students need to hand their completed forms - with relevant signatures - into the Key Stage 3 office.



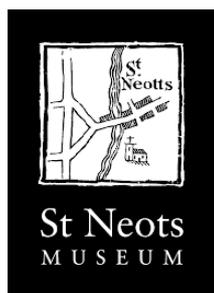
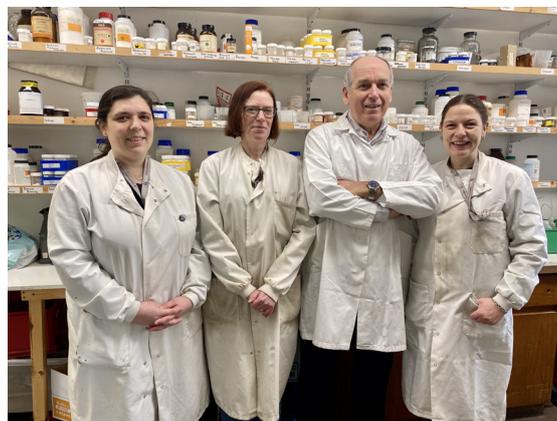
LONGSANDS ACADEMY WEEKLY BULLETIN



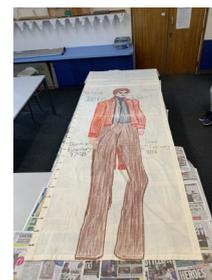
Monday, 2 March 2020

(Week A)

SCIENCE TECHOGNITION WEEK This week is Techognition Week, a national annual event to promote the Science Technician profession, and we would like to introduce ourselves. We are the Science Technician team: Miss Rachel Dowling, Dr Julia Bresler, Mr Michael Redrup and Dr Anna Hansford, and our role is to support the practical teaching of science here at Longsands. We all have backgrounds in medical or industrial sciences and bring a variety of skills and knowledge to our department, to help assist the Science teaching staff to deliver a high quality and interesting Science curriculum. You may see us in the Science corridors delivering equipment and resources for practical science lessons, so now you'll be able to 'techognise' us!



YEAR 12 BUSINESS - SAVE THE DATE Mrs Couzens and her Year 12 group are hosting a Family Fun Day on Wednesday 15 April at the St Neots Museum. It forms part of their Travel coursework which is to plan and run a tourist event. On the 15th they will be running a range of activities from 11.00 am - 3.00 pm including comparing height and shoe size to that of the Eynesbury Giant, decorating cookies in the style of ancient coins and a variety of museum trails, puzzles games and competitions. A special thank you to Mrs Hopewell and the technology team for their support.



YEAR 8 TECHNOLOGY Mrs Kirk would like to send a well done out to our Year 8 students who have been learning about the wider issues relating to the environment and sustainability issues.

They have been exploring the great work that Ellen McArthur has undertaken within her foundation specifically around reducing single use plastics. Our students have worked on a project to design a piece of food packing that is sustainable with an innovative feature to it. Pictured opposite are some amazing examples of their work.



TEACHER TRAINING AND CLASSROOM RESEARCH PROJECTS We are delighted to be hosting a number of trainee teachers, working in partnership with the University of Cambridge, University of Bedfordshire and Now Teach. As part of the course, our trainee teachers will be carrying out small-scale research projects to support the development of their teaching practice. Students are unlikely to notice anything different about their lessons. Occasionally, students might be asked to complete a short questionnaire. Alternatively, the trainee teacher might conduct a discussion with a small group of students, recording the conversation anonymously on a dictaphone so that they can transcribe it afterwards. Trainee teachers take great care to ensure that students are not named in the research projects and that all data is anonymised. Please do contact us if you have any questions about this or if you would prefer that your child was not involved.



LONGSANDS ACADEMY

WEEKLY BULLETIN



Monday, 2 March 2020

(Week A)

PERSONAL DEVELOPMENT: NATIONAL CAREERS WEEK As National Careers Week runs from the 2 - 7 March we felt this a good time to remind you of both the work that we do in school to support our students to transition from education to employment and the support that can be accessed out of school.

The school has in place a detailed careers programme from Years 7 -11 which aims to ensure that students are well prepared for the world of work, this programme includes multiple encounters with employers, employees, apprentices and further and higher education. The Year 9 careers event before half term, Meet the Professionals, and next week's Year 11 presentation from Cambridge Regional College are just two examples of our work in this area.

We also ensure that we offer personal guidance, from a trained professional, to address the needs of all students. You can view the full careers programme along with a number of really useful impartial websites by visiting the Academy's website. The three internet based programmes that we use during careers lessons, Fast Tomato, JED and Unifrog can also be accessed from home.

PERSONAL DEVELOPMENT: CPR This term in PD:LLW, Year 8 will be learning how to administer CPR. The lessons have been designed in association with the BHF and should be highly beneficial.

Experts believe that first aid training will help develop students' ability to deal with emergencies. Being able to do CPR – and confidently knowing the required skills to handle such emergencies – can be useful and will help equip students better in life.

The same set of skills and the way they are taught will also help students with developing a high level of confidence and the ability to adapt to different environments. First aid training helps increase morale, which in turn will help students be more comfortable in their environment. They will also develop focus and the ability to think clearly (and make important decisions) under pressure.

There are practical benefits too, first aid training and CPR save lives. There are more than 140,000 deaths a year that could have been prevented with proper first aid knowledge. 70% of people involved in a cardiac-related situation feel helpless to act and don't really know what to do. Adding first aid training as a mandatory class in school will greatly influence those numbers.

PHYSICS EXPERIENCE DAY Year 12 Physics students took part in a day trip to Cambridge University on Friday 14 February. They enjoyed an informative and engaging guided tour of Churchill College where they learned about the history of the college and found out about life as an undergraduate student; including aspects of finance and time management.

After this we moved on to the world renowned Cavendish Laboratory where the Cambridge Department of Physics have made numerous Nobel Prize winning discoveries over the years. Students had the opportunity to explore the museum and see many of the pieces of equipment that led to many extremely important discoveries, such as the discovery of the electron. We also enjoyed talks on circular motion, including some excellent demonstrations. The students were a credit to themselves and the sixth form, well done to all and thanks to Mr Ivett for driving us and to Mr Armitage for organising the trip.





LONGSANDS ACADEMY WEEKLY BULLETIN



Monday, 2 March 2020

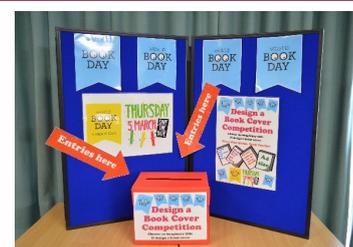
(Week A)

STAFFING UPDATE We are pleased to announce that Mr Parker has been successful in his application for the role of Reflection Room Supervisor and will commence his position with immediate effect.

We are currently recruiting for a First Aid & Wellbeing Officer, please **follow this link** for additional details and to see how to apply. The closing date is 12noon on Thursday 12 March 2020 with interviews to be held week commencing 16 March 2020.

WORLD BOOK DAY COMPETITION World Book Day is a registered charity on a mission to give every child and young person a book of their own. It is also a celebration of authors, illustrators, books and (most importantly) it is a celebration of reading.

Thanks to the generosity of National Book Tokens Ltd, publishers and booksellers, we have received book vouchers to give to every student which can be used in their local book shop. We will also have a limited selection of free books to give out to KS3 students on Thursday 5 March from the Ritchie Hall at lunchtime.



In line with World Book Day we are running a competition to 'Design a Book Cover'. Entries must be handed in to the LRC (Learning Resource Centre) by the end of the school day Wednesday 4 March. The winner will receive a Waterstones book voucher. <https://www.worldbookday.com/about/>

FAIRTRADE FORTNIGHT The student 'Outreach Committee' are running a Fairtrade chocolate sale in Ritchie Hall during lunch time on Monday and Friday (and maybe the whole week depending upon demand) this week as part of 'Fairtrade Fortnight'.

Fairtrade is an organisation designed to help producers in developing countries achieve better trading conditions and 100% of the profits from our chocolate sale will go to Oxfam.



SCIENCE STEM CLUB Students from our STEM club presented their fantastic recent work during Fridays STEM club. Over the last half term they have been selecting an endangered species and designing the ideal enclosure in which to house them. The project allowed students to build on their passion for biology and team it was maths and engineering when looking at how they would design their enclosures. The students have worked superbly and gave some knowledgeable and insightful presentations to the invited Rotary Club members, SLT and members of the STEM club.

Mr Stephenson commented "I am immensely proud of the students who have produced some truly wonderful presentations. The thought and hard work over the last half term has paid off and it was a joy to watch".



LONGSANDS ACADEMY WEEKLY BULLETIN



Monday, 2 March 2020

(Week A)

ATTENDANCE MATTERS Attendance has been shown to be one of the most important factors in a child's ability to succeed at school. Our target at Longsands is to achieve an overall attendance figure of at least 96%. This will allow all students to reach their full potential.

Attending school and being on time each day is a skill that easily translates to the workforce and beyond. Parental support is always greatly appreciated with regards to attendance and makes a real difference to all students' progress.

In the week before the half-term break, the school's attendance rate was 95%. Congratulations to the 5 forms with the highest attendance at Longsands last week, who were:

1. 7NJD
2. 8NDZ
3. 9BPP
4. 10FKM
5. 11FJW



BEHAVIOUR and ACHIEVEMENT POINTS In the week before half-term we issued **159** C2s, and **32** C3s. There were **3** mobile phones confiscated as they were seen and/or heard on the school site.

I am delighted to report that we issued **1269 achievement points**, commending students for their academic excellence (relative to their ability) and their attitude to learning.

We thank all students for their role in ensuring all lessons are free from disruption and for following all school rules with regards to mobile phones and homework completion.

DATES TO REMEMBER THIS WEEK

Day	Event
All Week	<ul style="list-style-type: none"> • Year 11 Mock Exams
Monday	<ul style="list-style-type: none"> • Fairtrade chocolate sale in Ritchie Hall at lunch time • Year 7b and Year 10 football (away) vs Sawtry (KO 16:00) • 15:10 Year 9 football (home) vs St Peters • 15:10 - 16:30 Year 8 girls PE stretch and challenge in the old gym
Wednesday	<ul style="list-style-type: none"> • Year 7-11 girls fixtures (away) vs St Ivo
Thursday	<ul style="list-style-type: none"> • Year 7a/b and Year 8 football (away) vs St Peters • 15:10 - 16:30 Year 10 girls stretch and challenge in the old gym • 18:00 - 20:00 Year 11 Prom Fayre
Friday	<ul style="list-style-type: none"> • Fairtrade chocolate sale in Ritchie Hall at lunch time • Year 9 Preferences deadline



LONGSANDS ACADEMY

WEEKLY BULLETIN



Monday, 2 March 2020

(Week A)

WEEKLY LUNCH MENU

Can also be accessed via our website (please note the menus alternate on a 3 week rotation, please see the dates at the top of each menu).

This Menu is available on the following weeks, date commencing:
30th December, 20th January, 10th February, 2nd March, 23rd March

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Burger, in a bun served with crisp slaw and sauces	Chili Con Carne or Vegetable Chili On a bed of rice	Roasted Gammon Or Turkey Served with stuffing & crispy roast potatoes	Delhi Chicken Tikka Masala Or Chickpea & lentil Daal	Catch of the Day Served with lemon wedge & tartare sauce
Vegetarian Main Meal	Vegan Spinach & Kale Burger in a broche Bun	Mexican Vegetables with Feta, Nachos & salsa	Macaroni Cheese topped with bbq beans, garlic bread & Salad	Served with rice, naan bread & a selection of side dishes	Roasted Vegetable, Tzatziki & Feta Wrap Served with chips
On the Side	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
Soup Station	Try our Home Made Soup served with a chili flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
Pizza, Pasta & Jacket Bar	Pasta, & Jacket Potato Add your choice of hot topping from our freshly prepared selection. Daily Pizza Selection we will offer both meat and vegetarian choices every day				
Family Favourites	Vanilla sponge & vanilla sauce	Warm chocolate & beetroot brownie with cream	Toffee Apple crumble & custard	Fruity Flapjack and Custard	Creamy Rice Pudding with Red Berry Compote

A daily selection of fresh Grab & Go items are also available.
Some dishes may vary and are subject to availability.

catering solutions

COMMUNICATION WITH THE SCHOOL

In addition to this weekly bulletin, there are a variety of ways in which we will contact you, including by telephone, by letter, via the Astrea App, via Doddle, in writing, in newsletters, on social media and via our website.

There are several ways in which you can contact us, these include:



email to enquiries@astrea-longsands.org



call Reception for all general enquiries on 01480 353535
or to report a student absence, please call 01480 223343 or text 07860 095966



the Astrea App (which you can download for free from your app store)



writing to Longsands Academy, Longsands Road, St Neots PE19 1LQ



the 'contact us' page of our school website www.astrea-longsands.org

We will aim to respond to any enquiry within 2-3 working days.

